## "What's Up In Zone 1" submitted by Mona Krahn, Zone 1 Co-ordinator

This fall, the Southeast Saskatch- competition at the Saskatche

ewan Zone 1 Sport Council will again be visiting schools throughout Zone 1, delivering Sakatchewan Games Presentations in preparation for the 1994 Sakatchewan Winter Games to be held Feb. 13-19 in

Kindersley.

Our Games Presentations include a 15-minute video segment and a 5 to 10 minute question and answer period. The video provides an excellent visual narration of the Saskatchewan Games experience. Students will discover what the Saskatchewan Games are all about and how they can become involved.

There are many ways to become

involved: as a participant, a spectator or as an ambassador encouraging your friends and family to become involved in Saskatchewan Winter Games. Our goal is to have athletes from all corners of Southeast Saskatchewan represent Zone 1 in the next Sasktchewan Games. The Saskatchewan Games are the Zone 1 Sport Council's largest program - the Zone 1 Sports Council sponsors Saskatchewan Winter Games Playdowns (which decide who will represent the Zone at the Games), a pre-Games pep rally, athletes' travel to the Games and uniform costs, which are subsidized tremendously.

For many Saskatchewan athletes,

competition at the Saskatchewan Games was the first step towards competition at the inter-provincial or national level.

Thirteen sports have been selected for the 1994 Winter Games including: Badminton (18 and under), Bowling (19 and under, Special "O" 35 and under), Curling (under 16), Figure Skating (11 and older), Artistic Gymnastics (Men 11-16, Women Class 2, 11 and older), Hockey (Men - Bantam B born 1979 and later), Karate (11-18), Ringette (13 and under), Alpine Skiing (Born between 1975 and 1982), Cross Country Skiing (12-17 years, Special "O" 29 and under), Speed Skating (11-15 years, Special "O" 29 and under), Volleyball (16 and under), and Wrestling (13-16).

Each sport has a volunteer chairperson who organizes the playoff procedures. A poster will be sent to every school in Zone 1 with all contacts and playoff information as soon as this informations is available. Please contact the Zone 1 Sports Council at 429-2205 if you are interested in having one of our Board Members come to your school. It is the students of Zone 1 who will constitute the 221 Zone 1 athletes competing in the 1994 Saskatchewan Winter Games in Kindersley February 13-19, 1993.