



If you believe in dignity,
If you admire determination,
If you value inclusion and inspiration,
then you belong
with Special Olympics.

Join our growing movement
and get involved today with
Special Olympics BC – Vancouver

Special Olympics BC is dedicated to
providing individuals with intellectual
disabilities opportunities to enrich their
lives and celebrate personal achievement
through positive sport experiences.



**Special
Olympics**
British Columbia

Vancouver

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Revealing the champion in all of us

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Special Olympics BC – Vancouver offers sport programs filled with joy, accomplishments, and growth for people with intellectual disabilities and volunteers alike.

Programs for athletes ages 8 and up:

- 5-pin bowling
- 10-pin bowling
- Alpine skiing
- Athletics
- Basketball
- Bocce
- Club Fit
- Cross-country skiing
- Figure skating
- Fitness
- Floor hockey
- Golf
- Powerlifting
- Rhythmic gymnastics
- Running Club
- Speed skating
- Snowshoeing
- Skate skills
- Soccer
- Softball
- Speed skating
- Swimming
- Walking Club
- Weight Training

Youth-specific programs

- Active Start for ages 2 to 6
- FUNdamentals for ages 7 to 11
- Sport Start athletics & soccer for ages 12 to 18

My favourite thing about being involved with SOBC is the things I've learned from the athletes. The kindness they show to each other, and how they conduct themselves in the community. I feel I have become a better person through being involved with SOBC.

Mike, Special Olympics BC coach

You don't need to know a sport in depth to get involved with Special Olympics BC. You must have compassion, enthusiasm, and a willingness to support athletes with intellectual disabilities.

Please contact us to find out more!

Website sobcvancouver.org
Email coordinator@sobcvancouver.org
Info line 604-519-4555

There are many ways to get involved

- as a sport-specific coach
- as an assisting coach
- as a member of the Executive Committee, applying your skills in roles such as Program or Volunteer Coordinator, Treasurer, Public Relations Coordinator, etc.
- as a special event volunteer
- and much more

Special Olympics sports are a lot of fun, plus you meet so many friends. When I first joined Special Olympics, I didn't have a lot of friends, and now I have a lot of friends. I love getting ribbons and medals.

Jordan, Special Olympics BC athlete